



POLISH TAEKWON-DO ASSOCIATION

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Our ref. 105.2013

Lublin, Poland, June 6th, 2013

To: ITF MEMBERS

SUBJECT: International Instructor Course – Poland, 27th – 29th September 2013

Dear Masters, Instructors and Taekwon-Do Practitioners!

We have the honour to invite you to the IIC to be held in Warsaw, the capital of Poland, a beautiful city situated near the river Wisla.

1. Date and venue

The course will be held from 27th - 29th September 2013 in University of Physical Education in Warsaw 00-968, Marymoncka Street 34.

2. Accommodation and board

- Special agreement for accommodation fees has been made with:
 - a. **Hotel Novotel Centrum Warsaw** (00-510 Warsaw, 94/98 Marszalkowska str.)
 - Single room 330 PLN per room per day including breakfast
 - Double room 412 PLN per room per day including breakfast
 - b. **Hotel Meksyk** (Warsaw 00-968, Marymoncka Street 34 – campus area of the University of Physical Education)
 - Single room 140 PLN per person per day including breakfast
 - Double room 180 PLN per room per day including breakfast
 - Room with double bed 150 PLN per room per day including breakfast
 - c. **Student Dormitory "H"** (Warsaw 00-968, Marymoncka Street 34 - campus area of the University of Physical Education)
 - Studio (2 + 1) 200 PLN per studio per day (without breakfast)

Deadline for accommodation is 26th August 2013

- The number of places is limited.
- The accommodation it's not obligatory, you can choose any other place.
- In case of any question on the accommodation matters please contact the organizer at: info@itfeurope.org

3. Time schedule

- Friday 27th September
 - Arrival: meeting point at the University of Physical Education in Warsaw, 00-968 Warsaw, Marymoncka Street 34. before 4.00 pm, entrance to the main hall.
 - 5.00 pm - 8.00 pm seminar at Physical Education University sport hall
- Saturday 28th September:
 - 9.00 am - 12.00 pm seminar at Physical Education University sport hall
 - 2.00 pm - 5.00 pm seminar at Physical Education University sport hall



Banquet

Price: 40 € per person drinks included during the meal.

Inscriptions for the banquet are needed in advance, through the application form.

- Sunday 29th September:
9.00 am -13.00 pm seminar at Physical Education University sport hall

The IIC will be conducted by the Technical Committee of the ITF masters:

- **Grand Master Hector Marano**, 9th Degree, Chairman of the ITF Technical Committee;
- **Grand Master Willem Jacob Bos**, 9th Degree, Member of the ITF Technical Committee, ITF Director;
- **Grand Master Ung Kim Lan**, 9th Degree, Member of the ITF Technical Committee

4. Programme

The ITF International Instructors Course will include the following programme and/or qualifications:

1. patterns from Chon-Ji up to Tong-II
2. step sparring
3. self defence
4. ITF International Instructor Qualification (4th degree and up)
5. grading up to 7th degree (permission from NGB and ITF is needed)

5. Fees

Course fee, according to the ITF By-Laws is

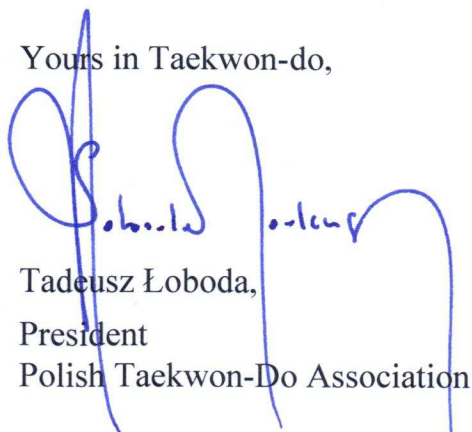
1 st to 3 rd Degree:	€ 120 plus € 50 (inscription fee)
4 th to 6 th degree:	€ 150 plus € 50 (inscription fee)
7 th degree and above:	€ 75 plus € 50 (inscription fee)

Please note that the complete charge (course, inscription, accommodation) have to be paid at your arrival.

Send the application form on or before **7th September 2013** to info@itfeurope.org

After the deadline we cannot guarantee the place at the hotel!

Yours in Taekwon-do,


Tadeusz Łoboda,
President
Polish Taekwon-Do Association

